PROVIDING YOUNG PEOPLE THE RESOURCES THEY NEED TO THRIVE IN RECOVERY FROM ADDICTION TO DRUGS AND ALCOHOL

youngpeopleinrecovery.org

OUR APPROACH

YPR serves youth & young adults (under age 30) in recovery from substance use disorder. YPR embraces all pathways to recovery. By providing life skills & peer supports, we help young people achieve long-term recovery and reach their full potential.

48 community-based chapters
37 life-skills curriculum programs
20 full-time employees
64 part-time employees

SERVICES YOU MAKE POSSIBLE

- All-recovery meetings
- Pro-social events
- Housing, employment, and education workshops
- Life-skills curriculum
- Advocacy
- Leadership development
- Empowerment

OUR IMPACT IN THE LAST 12 MONTHS

4,685 events
57,474 services
1,103 pro-social activities
562 community workshops

FACT: THE SUBSTANCE USE EPIDEMIC GREW DURING COVID

- **Opioid overdose death rates at their highest ever recorded according to Center for Disease Control and Prevention**
- **Cocaine and methamphetamine related deaths also on the rise**
- **4 in 10 adults report mental health challenges according to Kaiser Family Foundation**

OUR CLIENTS ARE HIGH NEED

- 40% earn less than $25,000/year
- 46% have not completed any college
- 39% are unemployed
- 10% are homeless
- 21% are in transitional housing
- 72% have lived experience of the criminal justice system

YPR
YOUNG PEOPLE IN RECOVERY

CHAPTERS

Young People in Recovery (YPR) is a peer recovery support organization focused on creating recovery-ready communities across the nation for people in or seeking recovery. YPR envisions a world where all young people have the resources they need to thrive in recovery from addiction to drugs and alcohol. Our mission is to provide life skills and peer support to help people recover from substance use disorder and reach their full potential.

CHAPTER OBJECTIVES

YPR chapters work to make their communities recovery ready by providing free services such as:

- **Regularly scheduled all-recovery meetings, which serve as an open support group for all who have experienced addiction or support the recovery lifestyle; these meetings welcome all pathways of recovery to come together and build community.**
- **Pro-social activities that are free and open to all.**
- **Advocacy and community organizing events.**
- **Workshops that have been developed to improve skills that will support those in or seeking recovery with topics that include:**

RECOVERY MESSAGING	ADVOCACY
EDUCATION	EMPLOYMENT
HOUSING	FINANCIAL WELLNESS

IMPLEMENTATION

The implementation of YPR chapters include the following actions and activities:

- **Organize stakeholders and leverage community relationships to recruit new Chapter Leads and members while developing a base of supporters.**
- **Chapter Leads drive the chapter's activities and dedicate around 10 hours per week to leading the chapter.**
- **Members volunteer to make events successful and offer support as their schedules allow.**
- **Supporters are community members who cannot necessarily volunteer their time but may support the chapter's activities in other ways.**
- **Chapter Leads train with a team of National Chapter Coordinators to develop their leadership and community organizing skills.**
- **YPR chapters fundraise in their community to support future chapter operations.**

For more information, please contact Rocky Doom at rocky.doom@youngpeopleinrecovery.org.

PROGRAMS

YPR is dedicated to offering a variety of evidence-informed life skills programs designed to give people in recovery tools to continue their recovery and improve their lives.

Read on to find out which program is right for you.

My Recovery Is EPIC is a life-skills curriculum that focuses on improving access to housing, education, and employment while fostering leadership skills, healthy relationships, and recovery messaging. EPIC is informed by the four dimensions that SAMHSA has identified as being critical to a successful life in recovery: health, home, purpose, and community. YPR and our partners have found that individuals who are more actively engaged in their life-planning are also more successful in their recovery process, and they become more informed decision-makers overall.

My Future Is EPIC is YPR's newest life-skills program aimed at high-school students ages 14-18 who are in recovery from substance use disorder (SUD) or who are at high risk of developing SUD. This program consists of eight modules that are tailored to the needs and lived experiences of adolescents, including education, leadership development, recovery messaging, and the neuroscience of addiction.

The Phoenix program is a multi-purpose support program offered to criminal justice organizations, diversionary courts, law enforcement agencies, and individuals to promote access to resources, education, and services for youth aged 18-25 and older individuals aged 25+ who are involved in, or at risk of involvement, in the criminal justice system. This program is grounded in the core mission of YPR, which is to educate and empower individuals who are in or seeking long-term recovery from a substance use disorder.

For more information, please contact Jessica Elgin at jessica.elgin@youngpeopleinrecovery.org.